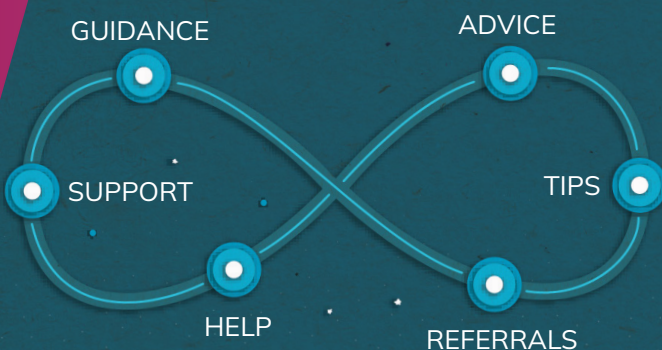


# Supports & Services Navigator



The Supports & Services Navigator (SSN) helps to direct Métis Albertans to various programs, supports, and resources appropriate to their specific needs. The SSN can provide advocacy and guidance to Métis Albertans as they navigate services to ensure appropriate supports and resources are being accessed.

### MNA-Affiliated Programs

- ❖ **Apeetogosan Métis Development Inc.**  
1-800-252-7963  
Entrepreneurial support & business development
- ❖ **Métis Capital Housing Corp.**  
1-877-458-8684  
Low-cost housing, rent subsidies & home repairs
- ❖ **Rupertsland Institute**  
1-888-486-3847  
Education, training & funding options

### Provincial Supports & Community Resources

- ❖ **Alberta Child & Adult Health Benefits**  
1-877-469-5437  
Low-cost private health care programs & services
- ❖ **Alberta Works** 1-877-644-9992  
Emergency financial assistance
- ❖ **Law Society of Alberta** 1-800-661-9003  
Community-based legal services
- ❖ **Mental Health Help Line** 1-877-303-2642  
Alberta Health Services 24/7  
mental health support



**REACH OUT  
TODAY!**



Otipemisiwak Métis Government  
Children and Family Services Department

780-455-2200  
1-877-454-0684  
ssn@metis.org

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