



2021 VIRTUAL  
**Métis Week**



# Craft your own Métis Sock Puppet!

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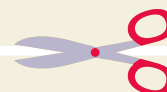
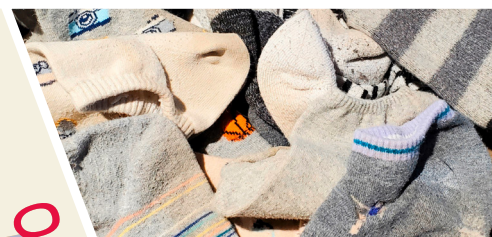
**Happy Métis Week from the Children & Family Services Department!**

Create a cultural storytelling space for your children with this fun, sustainable craft. Follow the steps below while discussing Métis culture and traditions with your young ones!

*\*Tip: You can use safety pins or a hot glue gun instead of a needle and thread.*

1

Dig through your drawers and pick out your favourite single sock. This will become your sock puppet's body.

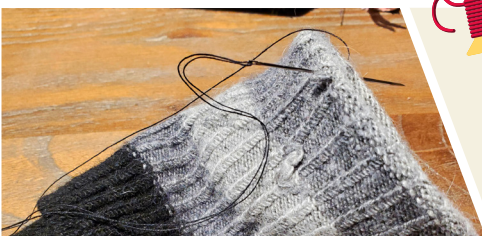


Try it on and make sure it fits your hand well. The heel of the sock will become your puppet's mouth.

2

3

Pick out a different coloured sock for your puppet's tongue and cut out a tongue shape.



Flip your sock inside out and stitch together the corners of the heel only. For a small mouth, stitch a third of the way on each side. For a big mouth, just a few stitches will do. Flip your sock right-side out and sew in the tongue.

4





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# 5

Save your scraps! These are perfect for making additional features like noses, ears, and tails.



Sew on any extra features, like ears or a nose using your sock scraps, or sew on buttons as eyes. Get creative! This is where you get to bring your sock puppet to life!



# 6

# 7

To make a Métis sash for your puppet, start by finding colourful or striped socks.



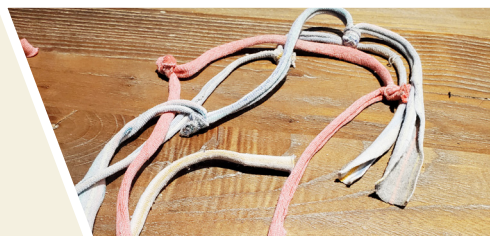
Cut the socks into several long and narrow strips.



# 8

# 9

Tie the strips of the same colour together to create longer ropes, then braid all your strips together to make the sash. Stitch the sash onto your puppet in a couple of spots.



That's it! Give your puppet a name, put on a puppet show, and take it for adventures!

# 10