



# Métis Nation of Alberta

*A strong Métis Nation embracing Métis rights*

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## What is Epidemiology?

“Epidemiology is the study of the distribution and determinants of health-related states or events in specified populations, and the application of this study to the control of health problems.”- Dictionary of epidemiology.2001. p. 61

The MNA uses information from epidemiologic reports to:

- Identify health trends among Métis Albertans.
- Identify target populations for health promoting programs.
- Identify factors that prevent health and can be addressed through prevention programs.
- Identify factors that promote health and can be supported through health initiatives.
- Make evidence-based decisions about health initiatives at the MNA.
- Inform funding proposals that address the unique health profile of Métis Albertans.
- Advocate for the creation of health-related policies and programs that address the unique health profile of Métis Albertans, both federally and provincially.

Some of the information in epidemiologic reports may be difficult to interpret if this is new to you. Visit [this video](#) for helpful tips when reading epidemiologic reports.