



HOW DO MÉTIS ALBERTANS EXPERIENCE HEALTH?

FREQUENTLY ASKED QUESTIONS

How do Métis People in Alberta experience health?

The Métis Nation of Alberta's (MNA) Ministry of Health is committed to developing policies and implementing programs and services that meet the needs of Métis Albertans. Our main goal is to provide culturally appropriate, self-directed health and wellness opportunities that address the unique health needs of Métis Albertans and their communities. To best accomplish this, we need to better understand how Métis Albertans experience and define health. With this information, we are developing a five-year strategic plan to guide our actions.

Why are we doing this project?

The MNA has done previous research on specific illnesses and the use of health services among Métis Albertans. To provide appropriate services to support health and wellness, we also need to better understand how Métis people in Alberta experience health.

What are we doing?

Over the next year, we will learn about how Métis Albertans define health, what they do to stay healthy, and what is unique about Métis health. We will explore:

- Métis perspectives on health and wellness
- Health needs and priorities of Métis people, families, and communities
- Assets that support health and wellness
- Barriers that prevent health and wellness

How can I have my voice heard?

This project depends on your input. There will be many opportunities to get involved. Share your perspectives and experiences at provincial and regional events, regional health consultations, and online surveys.

How will this information be used?

The input you provide will be used to develop a five-year strategic plan to guide the MNA and the Ministry of Health in its decisions and investments in health research, programs, and services.

How can I learn more?

Stay up to date on this project and opportunities to get involved through the Métis Nation of Alberta.

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STAY CONNECTED

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JOIN US ON THE JOURNEY!

WHAT DOES HEALTH
MEAN TO YOU?

WHAT HEALTH CONCERNS
EXIST IN YOUR REGION?

WHAT HEALTH CONCERNS
SHOULD THE MNA PRIORITIZE?

WHAT DO YOU NEED TO
SUPPORT HEALTH?

X

5 YEAR
STRATEGIC
PLAN

WHAT BARRIERS PREVENT HEALTH?

