

COVID-19 (Coronavirus)

HELP PREVENT THE SPREAD

Prevention starts with awareness.

Be informed on how you can protect yourself and others from novel coronavirus:

- Self-isolate if you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

For more information, visit: alberta.ca/covid19

If you have health concerns, call **Health Link** by dialing **811**.



Métis Nation of Alberta · Provincial Office
Delia Gray Building · 11738 Kingsway Avenue · Edmonton
780-455-2200 · 1-800-252-7553 · albertametis.com

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