



MÉTIS NATION OF ALBERTA ∞ REGION ONE

EMBROIDERY 101

The Métis are known for their impressive skills in embroidery. MNA Youth Coordinator Erin Mingay will lead this **FREE** class on this historic cultural practice. You'll work on decorative tea towels and hoops to take home. Help keep this traditional art alive!

Space is limited. Registration is required. Everyone welcome, but children age 11 and younger require parent or guardian supervision. A snack is provided.

**NOV
03** **MNA Region One Office
10104 102 Avenue
Lac La Biche • 12pm-5pm**

MNA citizenships or those with active applications are encouraged to register! Need to apply? We can help! For more information or to reserve your spot, contact [Emily MacMillan](mailto:emacmillan@metis.org) at [780-623-3039](tel:780-623-3039) or emacmillan@metis.org.



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