

HEART DISEASE

and the Métis Nation of Alberta from 2007-2012



ISCHEMIC HEART DISEASE (IHD)



More cases of IHD in Métis Albertans than non-Métis Albertans.



More cases of IHD in Métis females than non-Métis females.



More cases of IHD in Métis males than non-Métis males.



More diagnoses of IHD in Métis Albertans than non-Métis Albertans.

HYPERTENSION (HTN)



More cases of HTN in Métis Albertans than non-Métis Albertans.



More cases of HTN in Métis females compared to non-Métis females.



More diagnoses of HTN in Métis Albertans than non-Métis Albertans.



More cases of HTN in Métis males compared to non-Métis males.



Prescriptions filled for HTN medications were 14% higher in Métis Albertans.

More than 50% of Métis Albertans 60+ were taking one or more medication for HTN.



Roughly 4 in 5 Métis Albertans 80+ were taking one or more medication for HTN.



HTN and IHD were more common in males than females.



Métis females were 43% less likely to die from IHD than non-Métis females.

Heart disease can develop without showing any signs or symptoms. **Seeing a doctor regularly** can help diagnose and treat heart disease before it progresses.

For more information contact the Métis Nation of Alberta at:
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Summaries & Acknowledgements:

HEART DISEASE

Health surveillance data provides evidence of how health concerns impact unique populations. The unique health needs and experiences of Métis people have been underrepresented in most widely available Indigenous health surveillance research, which often combines the experiences of Métis, First Nations, and Inuit peoples. This research provides Métis-specific incidence and prevalence data on heart disease and hypertension; helping us understand the unique ways Métis Albertans experience heart disease.

The data shows more than 20% of Métis Albertans were living with diagnosed high blood pressure; however, the true percentage may be much higher as it is common to live with high blood pressure and not experience any symptoms. The results of this research inform health priorities and programs at the Métis Nation of Alberta.

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