DIABETES

and the Métis Nation of Alberta from 2006-2016



The number of Métis Albertans living with diabetes rose by **26%** Métis Albertans were **50%** more likely to be living with diabetes than non-Métis Albertans.



On average 210 Métis Albertans were diagnosed with diabetes each year.



More than **40%** of Métis Albertans aged **80+** were living with diabetes.

Métis Albertans were more likely to receive **two or more** medications to manage diabetes. Métis females **80+** and males **60-79** were most likely to be diagnosed with diabetes.

Métis women 60+ years of age received almost 2X as much medication.

Métis men 60+ years of age received almost 50% more medication.

The most common health issue experienced by Métis Albertans with diabetes was **ischemic heart disease**. Métis women **80+** were **2X more likely** to be diagnosed with diabetes than non-Métis women.

For more information contact the Métis Nation of Alberta at: health@metis.org · 780-455-2200 Summaries & Acknowledgements:

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Health surveillance data provides evidence of how health concerns impact unique populations. The unique health needs and experiences of Métis people have been underrepresented in most widely available Indigenous health surveillance research, which often combines the experiences of Métis, First Nations, and Inuit peoples. This research provides Métis-specific diabetes incidence and prevalence data; helping us understand the unique ways Métis Albertans experience diabetes.

The data shows the consequences of diabetes are felt disproportionally by Métis Albertans when compared to the non-Métis population of Alberta. The results of this research inform health priorities and programs at the Métis Nation of Alberta.

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